



# Stamford Train Station Shuttle Bus

Please stop by our management office or the concierge desk on the first floor to obtain an identification sticker to be placed on your access pass. The driver is instructed to ask riders for their pass.

## Schedule (weekdays only)

Shuttle 2 (green) is non-stop between 3001 and train station

*AM*

**Shuttle 1 (#59)  
Departs Station**

7:00 am  
7:30 am  
8:00 am  
8:30 am  
9:00 am  
9:30 am  
9:55 am

**Shuttle 2 – nonstop (#53)  
Departs Station**

**6:45 am**  
**7:15 am**  
**7:45 am**  
**8:15 am**  
**8:45 am**  
**9:15 am**  
**9:45 am**

**Shuttle 1 (#59)  
Arrives 3001**

7:13 am  
7:43 am  
8:13 am  
8:43 am  
9:13 am  
9:43 am  
10:08 am

**Shuttle 2 – nonstop (#53)  
Arrives 3001**

**6:56 am**  
**7:26 am**  
**7:56 am**  
**8:26 am**  
**8:56 am**  
**9:26 am**  
**9:56 am**

*PM*

**Shuttle 1 (#59)  
Departs 3001**

3:58 pm  
4:28 pm  
4:58 pm  
5:28 pm  
5:58 pm  
6:28 pm

**Shuttle 2 – nonstop (#53)  
Departs 3001**

**3:15 pm**  
**3:45 pm**  
**4:15 pm**  
**4:45 pm**  
**5:15 pm**  
**5:45 pm**  
**6:15 pm**

**Shuttle 1 (#59)  
Arrives Station**

4:15 pm  
4:45 pm  
5:15 pm  
5:45 pm  
6:15 pm  
6:45 pm

**Shuttle 2 – nonstop (#53)  
Arrives Station**

**3:26 pm**  
**3:56 pm**  
**4:26 pm**  
**4:56 pm**  
**5:26 pm**  
**5:56 pm**  
**6:26 pm**

We encourage you to share your feedback on the shuttle service so we can work to provide the best possible schedule. Please e-mail or call our management office with any questions. You can reach Heather Evans at [evansh@ashforth.com](mailto:evansh@ashforth.com) or 203-356-9985.